



24 August 2026

Dear Faith Formation Families.

Thank you for allowing us to journey with you in the Family Faith Formation at St. Brigid's! We are privileged to be part of this moment with you and your family.

Your family is part of our BREAD process (for students in Grades 1-6 and their families). This is a family based program where families learn together - with one another and from one another. Here is how it works:

- Each month we hold a **Family Meeting** (usually the first week of each month). We offer the meeting three times so you can come to any of the three meetings you'd like.
 - Children and caregivers come to each meeting.
- At the Family Meeting, we provide resources to you and to your children.
- Then, your family works together at home during the month.
- You complete an online form at the end of each month. (This must be completed to receive full credit for attendance.)

For families in **BREAD 1** (preparing for First Holy Communion in **2028**) and **BREAD 2** (Preparing for First Holy Communion in **2027**), there are additional parent preparation sessions that are required as we want you to be as prepared as possible for the reception of the sacraments.

We also offer other times for families to come throughout the year for experiences of prayer and service. While these are not "required", we encourage you to consider coming and being a part of them!

We have provided a basic calendar and ask that you regularly check our Family Faith Formation calendar. St. Brigid's is a busy place so sometimes we need to make changes.

First, though, we always begin in prayer. So we will gather on

Monday, September 28 at 5 p.m.

OR

Wednesday, September 30 6 p.m.

at our Opening Prayer Services in St. Brigid's Church - 66 Post Avenue.

So let us pray for one another in these days as we journey together to learn more about how much God loves each and everyone of us!